

Parkview

February 2018

Social Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				9:45 Exercise	9:45 Exercise	9:45 Exercise
				10:30 Devotions with Steve	10:30 Tick Tack Toe	10:30 Write A Card
				12:30 T.V. Westerns	12:30 Andy Griffith Show	12:30 Matinee
				1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore
				2:00 Snack and Visit	2:00 Root Beer Floats	2:00 Snack and Visit
				2:30 Exercise	2:30 Exercise	2:30 Exercise
				3:00 Occupation Remenisce	3:00 Sand Wood	3:00 Chapel (Nondenominational)
				3:30 Read Aloud	3:30 Brain Cards	3:30 Hangman
				5:30 Old Love Songs	5:30 Streching in the Theater	5:30 Chair Yoga
				6:00 "Heartbeat"	"The Pajama Game"	6:00 "My Side of the Mtn" N
					Ground Hog Day	
4	5	6	7	8	9	10
9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise
10:30 Catholic Eucharist/Prayer	10:30 Mens Cofee Social	10:30 Craft Hour	10:30 Jewlery Making	10:30 Brain Games	10:30 Trivia Hour	10:30 Nature Bingo
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Andy Griffith Show	12:30 "Hogan's Heroe's"	12:30 T.V. Westerns	12:30 Nature Show	12:30 Matinee
1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Dr. Long Foot Clinic	1:00 Rest and Restore
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit
2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:30 Exercise
3:00 Read the Newspaper	3:00 Random Riddles & Jokes	3:00 Counting Money	3:00-4:00	3:00 Water Coloring	3:00 Outdoorsman Magazine	3:00 Chapel (Nondenominational)
3:30 Super Bowl Party	3:30 Music & Memory	3:30 Decorate Cookies with Kids	Bus Ride	3:30 Sing-a-long	3:30 Whats In The Bag????	3:30 Hangman
Pop Corn	5:30 Listen to a Fire Crackle	5:30 Hymn Sing-Along	5:30 Hallway Walk	5:30 Winter Scenes	5:30 Piano music	5:30 Chair Yoga
6:00 "Breakfast at Tiffanys"	6:00 "It's a Mad Mad World"	6:00 "An Affair To Remember"	6:00 "How to Steal a Million"	6:00 "Grease"	6:00 "Oklahoma"	6:00 "The Royal Wedding"
Jeans and Jersey Day			Send a card Day		Pizza Day	
11	12	13	14	15	16	17
9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise
10:30 Catholic Eucharist/Prayer	10:30 Hat Chat Game	10:30 Craft Hour	10:30 New Resident Social	10:30 Devotions with Steve	10:30 Nail Day	10:30 Craft Hour
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Grand Ol' Opry	12:30 "Hoagn's Heroes"	12:30 T.V. Westerns	12:30 Nature Show	12:30 Matinee
1:00 Pop Popcorn	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	1:00 Rest and Restore	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit
2:45 Exercise	2:30 Exercise	2:45 Exercise	2:00 Snack, Live Music and Sparkling Cider	2:30 Exercise	2:30-4:00 Nail Day	2:30 Exercise
3:00 Talk about Pets	3:00 Book Mark Making	3:00 Mardi Gras Masks	3:00 Love Cruse	3:00 Tidy up the building		3:00 Chapel (Nondenominational)
3:30 Craft Hour	3:30 Brain games	3:30 Sing-a-long	Bus Ride	3:30 Movie Remenisce		3:30 Cupids Heart Hats
5:30 Finish Crafts	5:30 1-on-1 visits	5:30 Hand Massages	5:30 Hallway Walk	5:30 "Baby Face" DVD	5:30 Streching in the Theater	5:30 Chair Yoga
6:00 "The Greatest Show On Earth"	6:00 "Random Harvest" D	6:00 "Heidi"	6:00 "Some like it Hot"	6:00 "The King & I"	6:00 "Road to Bali"	6:00 "Singing in the Rain"
		Mardi Gras	Wear Red Day Valentines Day		Chinese New Year	

SUNDAY 18	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24
9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise
10:30 Catholic Eucharist/Prayer	10:30 Coloring	10:30 Craft Hour	10:30 Word Search	10:30 Residents Choice	10:30 Coffee & Tea Party	10:30 Craft Hour
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Andy Griffith Show	12:30 "Hogan's Heroe's"	12:30 T.V. Westerm's	12:30 Nature Show	12:30 Matinee
1:00 Pop Popcorn	Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit
2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:30 Exercise
3:00 Look at Magazines	3:00 Read a book	3:00 Career stories	3:00 Read Newspaper	3:00 Count a Till	3:00-4:00	3:00 Chapel (Nondenominational)
3:30 Craft Hour	President Game	3:30 Hot Cocoa with Kids	3:30 1-on-1 visits with staff	3:30 Acts of Kindness	Bus Ride	3:30 Hangman
5:30 "Life on the Farm" DVD	5:30 Piano music	5:30 Hymn Sing-Along	5:30 Hymn Sing-Along	5:30 Classic Commercials on Youtube	5:30 Hallway Walk	5:30 Chair Yoga
6:00 "His Girl Friday"	6:00 "Annie"	6:00 "Mary Poppins"	6:00 "The Music Man"	6:00 "Cleopatra"	6:00 "South Pacific"	6:00 "My Fair Lady"
National Drink Wine Day	Presidents Day			National Margarita Day		Happy Birthday Martha

25	26	27	28	<p>Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.</p> <p>~ Lao Tzu ~</p> <p>levelifequotesandsayings.blogspot.com</p>		
9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise			
10:30 Catholic Eucharist/Prayer	10:30 Craft Hour	10:30 History Flashcards	10:30 Hymn Sing-a-long			
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Andy Griffith Show	12:30 "Hogan's Heroe's"			
1:00 Pop Popcorn	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Pop Popcorn			
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit			
2:45 Exercise	3:00 Stretching	2:45 Exercise	2:45 Exercise			
3:00 Silverwear Sorting	3:30 Finish the Phrase	3:00 Random Riddles & Jokes	3:00 Happy New Year Craft			
3:30 Crossword Puzzles	4:00 Food Bingo in the Eatery	3:30 Sing-a-long	3:30 Wii Baseball			
5:30 Watch the Snow Fall	5:30 Sing-a-Long	5:30 Puppies on Youtube	5:3 Listen to a Fire Crackle			
6:00 "Second Chorus"	6:00 "Magnificent 7"	6:00 "Paulie"	6:00 "On Golden Pond"			

Six Dimensions of Wellness:
Spiritual
Physical
Social
Occupational
Emotional
Intellectual

