


# Parkview

# August 2018

# Social Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:45 Exercise 10:30 Resident Council 12:30 "Hogan's Heroe's" 1:00 Rest and Restore 2:00 Root Beer Floats 2:30 Exercise 3:00 Sand Wood projects 3:30 Brain Cards 5:00 Streching in the Theater "Send me no flowers"	<b>2</b> 9:45 Exercise 10:30 Devotions with Steve 12:30 Red Skeleton 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Paint Wood Projects 3:30 Read Aloud 5:00 Old Love Songs 6:00 "Heartbeat"	<b>3</b> 9:45 Exercise 10:30 Jewlery Making 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00-4:00 <b>Bus Ride</b> 5:00 Hallway Walk 6:00 "Flicka"	<b>4</b> 9:45 Exercise 10:30 Cooking Demo 12:30 Matinee 1:00 Pop Popcorn 2:00 Snack and Visit 2:30 Exercise 3:00 Chapel (Nondenominational) 3:30 Hangman 5:00 Chair Yoga 6:00 "Mama Mia"  Cheesecake Strawberries
			<b>5</b> 9:45 Sunday Stretching 10:30 Catholic Eucharist/Prayer 12:30 Matinee 1:00 Pop Popcorn 2:00 Snack and Visit 2:45 Exercise 3:00 Read the Newspaper 3:30 Crafts 5:00 Finish Craft 6:00 "Fiddler on the roof"	<b>6</b> 9:45 Exercise 10:30 Mens Cofee Social 12:30 Grand Ol' Opry 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Random Riddles & Jokes 3:30 Music & Memory 5:00 Love songs on you tube 6:00 "Some like it Hot"	<b>7</b> 9:45 Exercise 10:30 Crafts 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Outdoor Magazine <b>3:30 Make Popcorn balls with Kids</b> 5:00 Hymn Sing-Along 6:00 "An Affair To Remember"	<b>8</b> 9:45 Exercise 10:30 Jewlery Making 12:30 "Hogan's Heroe's" 1:00 Rest and Restore 1:45 Snack and Visit 2:00-4:00 <b>Bus Ride to FT. WW</b> 5:00 Hallway Walk 6:00 "On the town"
<b>12</b> 9:45 Sunday Stretching 10:30 Catholic Eucharist/Prayer 12:30 Matinee 1:00 Pop Popcorn 2:00 Snack and Visit 2:45 Exercise 3:00 Talk about Pets 3:30 Summer Craft 5:00 Hallway Walk 6:00 "Show Boat"	<b>13</b> 9:45 Exercise 10:30 Explore our world 12:30 Grand Ol' Opry 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Read a book 3:30 Brain games 5:00 1-on-1 visits 6:00 "Annie get your gun"	<b>14</b> 9:45 Exercise 10:30 Crafts 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Outdoor remenisce 3:30 Sing-a-long 5:00 Hand Massages 6:00 "Kiss me Kate"	<b>15</b> 9:45 Exercise 10:30 Word Search 12:30 "Hogan's Heroe's" 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Trivia 3:30 1-on-1 visits with staff 5:00 Hymn Sing-Along 6:00 " 7 brides for 7 Brothers"	<b>16</b> 9:45 Exercise 10:30 Devotions with Steve 12:30 Laurence Welk 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Wood Projects 3:30 Movie Remenisce 5:00 "Baby Face" DVD 6:00 "The Music Man"	<b>17</b> 9:45 Exercise 10:30 Brain Games 12:30 The Dick Van Dyke show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Stretching in the theater 3:00-4:00 <b>Bus Ride</b> 5:00 Occupational Trivia 6:00 "Yankee Doodle Dandy"	<b>18</b> 9:45 Exercise 10:30 Cooking Demo 12:30 Matinee 1:00 Pop Popcorn 2:00 Snack and Visit 2:30 Exercise 3:00 Chapel (Nondenominational) 3:30 Paint wood projects 5:00 Chair Yoga 6:00 "Singing in the Rain"  Chocolate Dipped Banana Bites

SUNDAY 19	MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	SATURDAY 25
9:45 Sunday Stretching	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise
10:30 Catholic Eucharist/Prayer	10:30 Coloring	10:30 Brain Games	10:30 Word Search	10:30 Residents Choice	10:30 Hat Chat Game	10:30 Cooking Demo
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Andy Griffith Show	12:30 "Hogan's Heroe's"	12:30 Red Skeleton	12:30 The Dick Van Dyke Show	12:30 Matinee
1:00 Pop Popcorn	Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Pop Popcorn
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit
2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:30 Exercise	2:30 Exercise
3:00 Trivia	3:00 Read a book	3:00 Career stories	3:00-4:00	3:00 Wood Projects	3:00 Book Mark Making	3:00 Chapel (Nondenominational)
3:30 Summer Craft	President Game	<b>3:30 Make Cookies with Kids</b>	<b>Bus Ride</b>	3:30 Acts of Kindness	3:30 Brain games	3:30 Hangman
5:00 "Life on the Farm" DVD	5:00 Piano music	5:00 Hymn Sing-Along	5:00 Presidential Trivia	5:00 Classic Commercials on Youtube	5:00 1-on-1 visits	5:00 Chair Yoga
6:00 "Elvis: Viva Las Vegas"	6:00 "It's a wonderful life"	6:00 "Mr. Smith goes to Washington"	6:00 "The Sound of Music"	6:00 "South Pacific"	6:00 "Hello Dolly"	6:00 "By the light of the silvery Moon" <b>Cookie Dough Dip</b>
26	27	28	29	30	31	
9:45 Sunday Stretching	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	9:45 Exercise	
10:30 Catholic Eucharist/Prayer	10:30 Jewelry Making	10:30 History Flashcards	10:30 Hymn Sing-a-long	10:30 Devotions with Steve	10:30 Coffee & Tea Party	
12:30 Matinee	12:30 Grand Ol' Opry	12:30 Andy Griffith Show	12:30 "Hogan's Heroe's"	12:30 The Dick Van Dyke Show	12:30 Nature Show	
1:00 Pop Popcorn	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	1:00 Rest and Restore	
2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Snack and Visit	2:00 Rootbeer Floats	2:00 Snack and Visit	
2:45 Exercise	3:00 Stretching	2:45 Exercise	2:45 Exercise	2:45 Exercise	2:45 Exercise	
3:00 Wood Projects	3:30 Finish the Phrase	3:00 Random Riddles & Jokes	3:00 wood crafts	3:00 Read Tidbits	3:00-4:00	
3:30 Crossword Puzzles	4:00 Food Bingo in the Eatery	3:30 Sing-a-long	3:30 Wii Baseball	5:00 Hallway Golf	<b>Bus Ride</b>	
5:00 Listen to Frank Sinatra	5:00 Sing-a-Long	5:00 Hand Massages	5:00 Listen to a Music	6:00 "Casablanca"	5:00 Hallway Walk	
6:00 "Charade"	6:00 "Double Indemnity"	6:00 "Pillow Talk"	6:00 "My little chickadee"		6:00 "Sabrina"	

Six Dimensions of Wellness:
Spiritual
Physical
Social
Occupational
Emotional
Intellectual

