

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 PARADISE VILLAGE A GENERATIONS COMMUNITY	1 8:30 Aromatherapy & Music Band Era Reminisce-GR** 8:30 Memory Games & Card Matching-GR 9:15 News & Travel Time to 50's-MS/GR 10:00 Morning Stretch-GR ** 10:30 Golf Game-GR** 1:00 Flower Arrangement-MS* 1:30 Clay Project-MS/GR 2:00 Paper Craft Project-MS/GR 3:00 Balloon Toss-MS/GR 4:15 Watercolor Project-GR** 6:00 Comic Movies-VT	2 8:30 Chicken Soup for the Soul & Puzzles-GR** 8:30 Word Search & Crosswords-GR ** 9:20 Pictures Trivia & Sayings-MS/GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-GR** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Shelter Island-MS** 2:00 BINGO- MS/GR 4:15 Craft Project-GR** 5:00 Cards & Dominoes-GR** 6:00 "Western Movies"-GR	3 8:30 National Geographic Reading & Watercolor-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Piano Music Travel w/Maddox-GR 4:15 Table Games & Puzzles-GR** 5:00 Watercolor Project-GR** 6:00 "Musical Movies"-VT	4 8:30 Aromatherapy & Music Band Era Reminisce-GR 9:15 Memory Games & Card Matching-GR 10:00 Welcome New Resident Soc. w/Bianchi-GR 1:00 Craft Project-GR ** 1:30 Scenic Drive to Coronado-MS** 2:00 BINGO- MS/GR 3:00 Bowling Game-MS ** 4:15 Watercolor & Movie Star Trivia-GR** 5:00 Card Games & Puzzles-GR** 6:00 Documentary-VT	5 8:30 Chicken S. for the Soul & Puzzles-GR** 8:30 Wordsearch & Memory Game-GR** 9:20 Reminisce w/ Pictures & Sayings-GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 1:30 Flower Arrangement-MS/GR 2:00 Pet Therapy w/Heart N Soul-GR 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:00 Abiding Ministries-MS/GR 6:00 "Action Movies"-VT	6 8:30 Daily Chronicles, Picture Trivia & Sayings-MS/GR 9:15 Travel Time to 70's Lecture-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Talavera Mosaic Project-GR** 2:00 Christian Service w/Ed Equid-GR** 4:15 Watercolor Project-GR** 5:00 Puzzles & Dominoes-GR** 6:00 Romantic Movies - VT
7 8:30 National Geographic Reading & Puzzles-GR** 9:15 News, Wordsearch & Crosswords-GR 10:00 Cardio Drumming-GR** 10:00 Catholic Communion-C 10:30 Bean Bag Toss-GR** 1:00 Movie Star Trivia-MS/GR 1:30 Men's Club: Sports Review-GR** 1:30 Watercolor Project-MS/GR 2:30 Pop Corn & Family Bingo Social-GR 4:15 Balloon Toss-MS/GR 6:00 Classic Movies-VT	8 8:30 Aromatherapy & Music Band Era Reminisce-GR** 8:30 Memory Games & Card Matching-GR 9:15 News & Travel Time to 50's-MS/GR 10:00 Morning Stretch-GR ** 10:30 Golf Game-GR 1:00 Flower Arrangement-MS/GR 1:30 Clay Project-GR ** 2:00 Paper Craft Project-MS/GR 3:00 Balloon Toss-MS/GR 4:15 Watercolor Project-GR** 6:00 Comic Movies-VT	9 8:30 Chicken Soup for the Soul & Puzzles-GR** 8:30 Word Search & Crosswords-GR ** 9:15 Pictures, Trivia & Sayings-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-GR** 1:00 Flower Arrangement-MS * 2:00 BINGO- MS/GR 2:45 San Diego Zoo Visit-GR** 4:15 Craft Project-GR** 5:00 Cards & Dominoes-GR** 6:00 "Western Movies"-GR	10 8:30 National Geographic Reading & Watercolor-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Vet to Vet w/Apreva-GR 10:30 Volleyball Balloon Game-GR** 1:00 Music Reminisce & Random Trivia-GR** 2:00 Talavera Mosaic Project-GR 4:15 Table Games & Puzzles-MS/GR 5:00 Watercolor Project-GR** 6:00 "Musical Movies"-VT	11 8:30 Aromatherapy & Music Band Era Reminisce-GR 9:15 Memory Games & Card Matching-GR 10:00 Band & Ball Stretch Exercise-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Craft Project-GR ** 1:30 Scenic Drive to Seaport Village-MS** 2:00 BINGO- MS/GR 3:00 Bowling Game-MS ** 4:15 Watercolor & Movie Star Trivia-GR** 5:00 Card Games & Puzzles-GR** 6:00 Documentary-VT	12 8:30 Chicken S. for the Soul & Puzzles-GR** 8:30 Wordsearch & Memory Game-GR** 9:20 Reminisce w/ Pictures & Sayings-GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Play Mexican Bingo-CY 2:00 Hispanic Heritage Social w/Rikacha-Balboa Courtyard 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:00 Abiding Ministries-MS/GR 6:00 "Action Movies"-VT	13 8:30 Daily Chronicles, Picture Trivia & Sayings-MS/GR 9:15 Travel Time to 70's Lecture-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-MS/GR 2:00 Karaoke Time w/Joe-GR 4:15 Watercolor Project-GR** 5:00 Puzzles & Dominoes-GR** 6:00 Romantic Movies - VT
14 8:30 National Geographic Reading & Puzzles-GR** 9:15 News, Wordsearch & Crosswords-GR 10:00 Cardio Drumming-GR** 10:30 Bean Bag Toss-GR** 1:00 Movie Star Trivia-MS/GR 1:30 Men's Club: Sports Review-GR** 1:30 Watercolor Project-GR** 2:30 Pop Corn & Family Bingo Social-GR 4:15 Balloon Toss-MS/GR 6:00 Classic Movies-VT	15 8:30 Aromatherapy & Music Band Era Reminisce-GR** 8:30 Memory Games & Card Matching-GR 9:15 News & Travel Time to 50's-MS/GR 10:00 Morning Stretch-GR ** 10:30 Golf Game-GR** 1:00 Flower Arrangement-MS/GR 1:30 Clay Project-GR** 2:00 Talavera Mosaic Project-GR 3:00 Balloon Toss-GR** 4:15 Watercolor Project-GR** 6:00 Comic Movies-VT	16 8:30 Chicken Soup for the Soul & Puzzles-GR** 8:30 Word Search & Crosswords-GR ** 9:15 Pictures, Trivia & Sayings-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-GR** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR 4:15 Craft Project-GR** 5:00 Cards & Dominoes-GR** 6:00 "Western Movies"-GR	17 8:30 National Geographic Reading & Watercolor-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Music Reminisce & Random Trivia-GR** 2:00 Piano Music Travel w/Maddox-GR 4:15 Table Games & Puzzles-MS/GR 5:00 Watercolor Project-GR** 6:00 "Musical Movies"-VT	18 8:30 Aromatherapy & Music Band Era Reminisce-GR 9:15 Memory Games & Card Matching-GR** 10:00 Band & Ball Stretch Exercise-GR** 10:30 Golf Game-GR ** 1:00 Craft Project-GR ** 1:30 Scenic Drive to Midway Museum-MS** 2:00 BINGO- MS/GR 3:00 Bowling Game-MS ** 4:15 Watercolor & Movie Star Trivia-GR** 5:00 Card Games & Puzzles-GR** 6:00 Documentary-VT	19 8:30 Chicken S. for the Soul & Puzzles-GR** 8:30 Wordsearch & Memory Game-GR** 9:20 Reminisce w/ Pictures & Sayings-GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 1:30 Flower Arrangement-MS/GR 2:00 Pet Therapy w/Heart N Soul-GR 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:00 Abiding Ministries-MS/GR 6:00 "Action Movies"-VT	20 8:30 Daily Chronicles, Picture Trivia & Sayings-MS/GR 9:15 Travel Time to 70's Lecture-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Talavera Mosaic Project-GR 2:00 Christian Service w/Ed Equid-GR** 2:30 Paper Craft Project-MS* 4:15 Watercolor Project-GR** 5:00 Puzzles & Dominoes-GR** 6:00 Romantic Movies - VT
21 8:30 National Geographic Reading & Puzzles-GR** 9:15 News, Wordsearch & Crosswords-GR 10:00 Cardio Drumming-GR** 10:30 Bean Bag Toss-GR** 11:15 Catholic Communion-C 1:00 Movie Star Trivia-GR** 1:30 Men's Club: Sports Review-GR** 1:30 Watercolor Project-GR** 2:30 Pop Corn & Family Bingo Social-GR 4:15 Balloon Toss-GR** 6:00 Classic Movies-VT	22 8:30 Aromatherapy & Music Band Era Reminisce-GR** 8:30 Memory Games & Card Matching-GR 9:15 News & Travel Time to 50's-MS/GR 10:00 Morning Stretch-GR ** 10:30 Golf Game-GR 1:00 Flower Arrangement-MS/GR 1:30 Clay Project-MS/GR 2:00 Paper Craft Project-MS/GR 3:00 Balloon Toss-GR** 4:15 Watercolor Project-GR** 6:00 Comic Movies-VT	23 8:30 Chicken Soup for the Soul & Puzzles-GR** 8:30 Word Search & Crosswords-GR ** 9:15 Pictures, Trivia & Sayings-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-GR** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Harbor Drive-MS** 2:00 BINGO- MS/GR 4:15 Craft Project-GR** 5:00 Cards & Dominoes-GR** 6:00 "Western Movies"-GR	24 8:30 National Geographic Reading & Coloring-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Music Reminisce & Random Trivia-GR** 2:00 Talavera Mosaic Project-GR 4:15 Table Games & Puzzles-MS/GR 5:00 Watercolor Project-GR** 6:00 "Musical Movies"-VT	25 8:30 Aromatherapy & Music Band Era Reminisce-GR 9:20 Memory Games & Card Matching-GR 10:00 Birthday Celebration Soc. w/ Raymond-GR 1:00 Craft Project-GR ** 1:30 Scenic Drive to Embarcadero-MS** 2:00 BINGO- MS/GR 3:00 Bowling Game-MS ** 4:15 Watercolor & Movie Star Trivia-GR** 5:00 Card Games & Puzzles-GR** 6:00 Documentary-VT	26 8:30 Chicken S. for the Soul & Puzzles-GR** 8:30 Wordsearch & Memory Game-GR** 9:20 Reminisce w/ Pictures & Sayings-GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Flower Arrangement-MS/GR 1:00 Garden Visit-CY 2:00 Talavera Mosaic Project-GR 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:00 Abiding Ministries-MS/GR 6:00 "Action Movies"-VT	27 8:30 Daily Chronicles, Picture Trivia & Sayings-MS/GR 9:15 Travel Time to 70's Lecture-MS/GR 10:00 Dancing & Singing w/ Flavor Dance Co.-GR 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-GR ** 1:30 Scenic Drive to Silver Strand-MS** 2:30 Paper Craft Project-MS/CR 4:15 Watercolor Project-GR** 5:00 Puzzles & Dominoes-GR** 6:00 Romantic Movies - VT
28 8:30 National Geographic Reading & Puzzles-GR** 9:15 News, Wordsearch & Crosswords-GR 10:00 Cardio Drumming-GR** 10:30 Bean Bag Toss-GR** 1:00 Movie Star Trivia-GR** 1:30 Men's Club: Sports Review-GR** 1:30 Watercolor Project-GR** 2:30 Pop Corn & Family Bingo Social-GR 4:15 Balloon Toss-GR** 6:00 Classic Movies-VT	29 8:30 Aromatherapy & Music Band Era Reminisce-GR** 8:30 Memory Games & Card Matching-GR 9:15 News & Travel Time to 50's-MS/GR 10:00 Morning Stretch-GR ** 10:30 Golf Game-GR 1:00 Flower Arrangement-MS/GR 1:30 Clay Project-MS/GR 2:00 Talavera Mosaic Project-GR 3:00 Balloon Toss-GR** 4:15 Watercolor Project-GR** 6:00 Comic Movies-VT	30 8:30 Chicken Soup for the Soul & Puzzles-GR** 9:15 Pictures, Trivia & Sayings-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-GR** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive: Chula Vista Marina-MS** 2:00 BINGO- MS/GR 4:15 Craft Project-GR** 5:00 Cards & Dominoes-GR** 7:00 "Western Movies"-GR	September 2025 PARKVIEW VITALITY CALENDAR GR: Great Room MS: Main St. C: Chapel VT: Village Theater TP: Torrey Pines Activities Difficulty Level: Easy* Medium**			